

FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 8: 200M FREESTYLE MEN 11+					Heat:5, starttime: 14:38
Heat: 5/28 Lane : 3 Athlete: VANGENECHTEN MATTHIAS					Q-time: 03:24:81
PB (50m pool): no time			PB (25m pool): 03:24.81 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:16, starttime: 15:14
Heat: 16/28 Lane : 1 Athlete: PROUVÉ VIKTOR					Q-time: 02:21:82
PB (50m pool): 02:21.82 Molenbeek 01/02/2026			PB (25m pool): 02:20.67 SB: 02:21.82 Molenbeek 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:09.49	no time	02:21.82	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:25, starttime: 15:38
Heat: 25/28 Lane : 1 Athlete: VAN HOOFF COBE					Q-time: 02:08:08
PB (50m pool): 02:08.08 Antwerpen 27/07/2025			PB (25m pool): 02:05.67 SB: 02:09.76 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.29	01:01.36	01:35.09	02:08.08	
	00:29.29	00:32.07	00:33.73	00:32.99	
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 16:14
Heat: 5/18 Lane : 6 Athlete: VANGENECHTEN ANNA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:40.99 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 16:19
Heat: 6/18 Lane : 3 Athlete: SMEETS LOU					Q-time: 04:11:94
PB (50m pool): no time PB (25m pool): 04:11.94 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 16:28
Heat: 8/18 Lane : 6 Athlete: VANMECHELEN KATO					Q-time: 03:45:13
PB (50m pool): no time PB (25m pool): 03:45.13 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:12, starttime: 16:45
Heat: 12/18 Lane : 6 Athlete: KERCKHOFS WOUKE					Q-time: 03:23:45
PB (50m pool): 03:23.45 Molenbeek 01/02/2026 PB (25m pool): 03:17.62 SB: 03:23.45 Molenbeek 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:41.01	no time	03:23.45	
	no time				
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:16, starttime: 17:00
Heat: 16/18 Lane : 1 Athlete: KERCKHOFS NIENTKE					Q-time: 03:05:08
PB (50m pool): 03:05.08 Antwerpen 13/07/2025					PB (25m pool): 03:00.23 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.35	01:30.13	02:17.74	03:05.08	
	00:42.35	00:47.78	00:47.61	00:47.34	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:17, starttime: 17:03
Heat: 17/18 Lane : 2 Athlete: VANDERLINDEN PAULIEN					Q-time: 03:00:79
PB (50m pool): 03:00.79 Antwerpen 20/07/2025					PB (25m pool): 02:58.06 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.80	01:27.36	02:14.14	03:00.79	
	00:40.80	00:46.56	00:46.78	00:46.65	
					

Coach feedback: